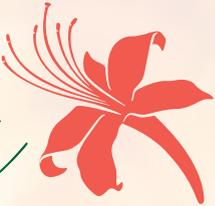




Spa 
Prunifolia®
at Callaway Gardens



You are invited to unwind

in our luxurious spa retreat where the elements of both spa and nature interact harmoniously to highlight Cason and Virginia Callaway's vision of the natural world and its ability to provide relaxation, restoration and inspiration.

The beauty and uniqueness of the brightly colored Prunifolia Azalea so impressed the Callaways that they were inspired to transform acres of depleted land into a sanctuary of natural beauty. Today the Prunifolia Azalea serves as the symbol of the beginning of the Callaways' incredible mission and legacy.

With a focus on natural products and non-invasive techniques, we offer a variety of spa treatments that draw inspiration from the natural health benefits of the herbs and plants like those in our Gardens and from the Pine Mountain Ridge.

CALL 706.663.5125

To schedule an appointment



HOURS OF OPERATION*

Spa Appointments 9:00 am–5:00 pm

Spa Reception Desk 9:00 am–6:00 pm

Fitness Center 24 Hours

Spa Boutique9:00 am–6:00 pm

*Hours are subject to change

Spa Prunifolia at Callaway Gardens

FACIAL TREATMENTS

PRUNIFOLIA SIGNATURE FACIAL

50 Min. \$140

Pure ingredients. Pure results. A classic European deep cleansing facial. Enjoy a cleansing, toning, and exfoliation with a soothing oat polish. Melt away stress with a face, neck, and decollate massage using serums developed to treat fine lines and wrinkles, while improving firmness, completed with a White Tea mask full of antioxidants. For all skin types.

Advanced Therapies

SOOTHING EARTH FACIAL

50 Min. \$150

Bring harmony to your complexion with gentle effectiveness. This relaxing facial is specially designed for skin that is sensitive or reactive to environmental elements. Our unique plant extract treatment blends are renowned for balancing the skin and easing redness, irritation and dryness. Enjoy the soothing qualities of Sweet Lupine and Calendula, as well as a hydrating Aloe replenishing mask that will leave your skin feeling like new.

BABY BOOMER FACIAL

50/80 Min. \$150/\$225

Premiere age defying facial. Achieve a visibly lifted, more rejuvenated complexion with this fountain of youth facial. This pampering treatment uses a trio of exclusive power-packed serums designed to slow down the aging process by boosting cell turnover and skin density. An advanced cocktail of exotic gravity-defying extracts, nourishing plant oils, and Argan plant-based stem cells instantly lift and contour skin, diminish fine lines and wrinkles, and improve texture and elasticity.

SKIN BRIGHTENING FACIAL

50/80 Min. \$150/\$225

Reveal a brighter, more even complexion by noticeably improving skin tone and texture. Using a Black cherry enzyme peel to exfoliate, this exquisite facial then infuses the skin with Vitamin C to reverse the effects of sun damage and premature aging.

*Enhancements
may be added to any facial.*

VITAMIN K EYE TREATMENT \$60

Diminish dark circles and refine

WILD LIME SCALP TREATMENT \$80

Hypnotic scalp and shoulder massage

Waxing and Tinting

BROW WAX & SHAPING \$40

LIP WAX \$25

CHIN WAX \$25

BIKINI WAX \$60

LEG WAX \$40/\$80

EYE LASH TINT \$35

BROW TINT \$35

MASSAGE THERAPY

SWEDISH MASSAGE — 50/80 Min. \$130/\$200

Totally relaxing. Our signature massage combines the best of therapeutic Swedish massage with the therapeutic benefits of natural herbs. Choose from a selection of potent herbal and aromatherapy oils.

DEEP TISSUE MASSAGE — 50/80 Min. \$150/\$225

This massage focuses on the deeper layers of muscle tissue, with a moderate to firm pressure that targets specific areas of concern. Deep tissue aims to release toxins and chronic patterns of tension in the body and allowing blood and oxygen to circulate.

PRENATAL MASSAGE — 50/80 Min. \$140/\$210

Just for the mommy-to-be! With this relaxing Swedish massage, we pay special attention to those areas that bother you most during pregnancy, resulting in decreased water retention and muscle tension. This service is recommended for women in their 2nd and 3rd trimester only.

STONE MASSAGE — 80 Min. \$210

This treatment utilizes warmed natural basalt stones blended with the art of massage for an unforgettable experience. Penetrating heat from smooth, oiled and warmed basalt stones combine with the therapist's healing touch are used to relieve tense muscles and sore joints.

Advanced Therapies

ALPINE ARNICA MUSCLE REPAIR

50/80 Min. \$140/\$210

This restorative treatment is designed for individuals needing deep relief from the effects of chronic stress. Constricted fascia enveloping the muscles and impinging nerves become unwound through the use of deep pressure, stretching and a self-heating Arnica Muscle gel. This session ends with a rejuvenating Peppermint foot balm to restore vital energy to tired feet and legs.

EVERGREEN HOT TOWEL BODY BLISS

50/80 Min. \$140/\$210

This session begins with the inhalation of hypnotic Evergreen and combines a therapeutic massage with steaming hot towels. Feel your body sigh in relief, as tension, bound within the muscles is unraveled with this powerfully effective treatment.

IRISH MOSS DETOX BODY MASSAGE

50 Min. \$140

Relieve fatigue, increase circulation and promote lymphatic drainage with this light massage. A detoxifying mineral-rich serum that helps eliminate lymphatic sluggishness and restores healthy skin tone is used to massage the whole body. This serum is a potent blend of anti-inflammatory Irish Moss extracts that aids the body in removing harmful toxins. Your session concludes with a relaxing application of hot steaming towels for your enjoyment.

continued

Enhancements

may be added to any Massage or Body Treatment.

REFLEXOLOGY – 25/50 Min. \$80/\$130

This ancient healing art focuses on energy zones that run throughout the body. By massaging certain pressure points on the feet, areas of congestion are unlocked, restoring the natural flow of energy. The results are released energy, improved circulation and increased relaxation throughout the entire body.

SHIRODHARA, JOURNEY TO SERENITY

25 Min. \$90

A powerful therapeutic experience based on Ayurvedic healing therapy in use for thousands of years. True

Shirodhara changes the balance of your life by awakening the senses, invigorating the soul and giving back a sense of total wellbeing. An Ayurvedic therapist directs a warm stream of oil onto the forehead, then massages it into the hair and scalp to nourish and condition, while imparting deep relaxation.

HEALING SCALP TREATMENT – 25 Min. \$80

Stimulate the scalp and hair growth while expelling stress. Adapted from ancient Indian head massage, this treatment targets scalp, neck and décolletage with a blend of therapeutic oils. Add this to any massage for the ultimate relaxation.

BOTANICAL BODY TREATMENTS

BOTANICAL BODY MELT – 80 Min. \$210

A hypnotic, aromatic scalp and neck massage that is perfect for jet lag and fatigue. Warmed oil is applied to your scalp, neck and shoulders. Sparkling notes of zesty Lime and Pink Grapefruit invigorate the scalp and awaken the senses. Nourishing Avocado oil helps soften the hair. While the oil penetrates your hair, a full body massage with lemongrass extracts relieves mental exhaustion.

LEMON VERBENA BODY POLISH – 80 Min. \$220

The fragrant extract of bright Lemon Verbena is blended with creamy Aloe Vera, Oat extracts, Shea Butter and Jojoba beads to gently exfoliate, soften and revitalize your skin. A relaxing full body massage with Lemongrass and Ginger completes this treatment.

TUSCAN GARDEN – 80 Min. \$220

Experience the warmth of Atlas cedar delicately layered with a sparkling infusion of Italian Bergamot, Valencia Orange, Clementine and Pink Grapefruit. We begin with a scrub of Rosemary Citron sea salt designed to stimulate the circulatory system followed by a detoxifying body massage using our Sicilian Bergamot Lotion.

GARDEN OF EARTHLY DELIGHTS – 110 Min. \$280

Delight yourself with an herbal soak, body polish, foot treatment, and scalp and body massage. Begin your session with a luxurious body polish with hydrating extracts of Aloe Vera and Shea Butter combined with Lemongrass Mimosa. Continue with an herbal soak of gentle Chamomile. Afterwards, a full body massage and a scalp treatment with an herbal infusion of Lavender flowers will relax the body and calm the mind. End with a revitalizing Peppermint foot treatment concluding your journey to nirvana.

SIGNATURE JOURNEYS

HEALING

110 Min. \$300

Created around the benefits of Neem, India's "pharmacy tree," the ritual blends therapeutic and aromatic herbs to balance and comfort the spirit, as it treats the body: first with a signature foot scrub; then full-body exfoliation with date seed and pumpkin enzymes; wrapped with clays infused with essential oils followed by a bath; and completed by a full-body ABHYANGA massage with a blend of restorative oils of ylang ylang, neroli and triphala to release negative energy.

SUPPLIFYING

110 Min. \$300

Infused with herbs and aromas that feed the body, this holistic ritual encompasses a signature foot scrub; full-body exfoliation made from a blend of organic sugars in a cocktail of flaxseed oil and coconut powder; enveloped with an aromatic mask of vetiver, mimosa, and babassu and bath; ending with a full-body body ABHYANGA massage with a lush mango seed butter and soy balm to open the Marmas (the body's energy channels).

FIRMING

110 Min. \$300

The active ingredients of Gotu Kola and Cardamon bring vitality and smoothness to the body. The ritual begins with a signature foot scrub; followed by a full-body exfoliation with walnut shell powder and rosehip oil; envelopment with oat and algae mask and bath; finishing with an ABHYANGA massage with warm soothing lotus oil to improve the texture and tone of the skin.

FOR YOUNG ADULTS

Young Adults ages 14 to 17.

Spa treatments for Young Adults (guests under the age of 18) must be accompanied by an adult.

TEEN DISCOVERY FACIAL

50 Min. \$140

Banish blemishes and balance oil production by removing the debris that builds up in pores. A professional strength exfoliation with resurfacing enzyme peel is followed by extractions and a detoxifying mask to clarify and tighten pores, leaving you with clear, glowing skin.

CUPCAKE MANICURE

30 Min. \$45

A scoop of our Strawberry Mint soak will soften your hands and remind you of sweet, juicy summer fruit. Soften your hands, shape your nails and be dazzled by the polish of your choice.

CUPCAKE PEDICURE

50 Min. \$75

Our Pedicakes provide the creamiest pedicure ever, leaving tootsies feeling silky smooth and smelling sweet. Lots of fun, soft feet and fun polish colors!

NATURAL BEAUTY MAKEUP

30 Min. \$55

Learn to enhance your natural beauty with moderate makeup application techniques personalized just for you.

MASSAGE FOR TWO

50 Min. \$130/person

Mothers and daughters or fathers and sons together can receive the Callaway Gardens Custom Swedish Massage in our dual suite. A great way to relax and spend time together.

MANICURES & PEDICURES

CLASSIC MANICURE — 30 Min. \$45

A complete nail shaping, cuticle grooming and polish, highlighted by a soothing soak and lotion massage.

CLASSIC PEDICURE — 50 Min. \$75

Revive tired feet with a soothing soak and hydrating lotion. A complete nail shaping, cuticle treatment and polish add the finishing touch.

GARDEN AROMATHERAPY MANICURE

50 Min. \$75

Customize this luxurious manicure with your choice of a soak blended with natural flowers and herbs. Warm balancing infusions, cleanse, exfoliate and drench your skin with ultimate hydration. Following an indulgent warm oil massage and mask, your hands will emerge looking younger, softer, and renewed.

GARDEN AROMATHERAPY PEDICURE

75 Min. \$100

Pure transformation for your feet. Customize your pedicure with your choice of a soak, blended with natural flowers and herbs found around the world. Warm and balancing infusions cleanse, exfoliate and drench your skin with ultimate hydration. Following an indulgent warm oil massage and mask, your feet will emerge feeling soft, refreshed and rejuvenated.

POLISH CHANGE — 15 Min. \$20

FRENCH NAILS — 15 Min. \$15

WEDDINGS AND SPECIAL OCCASIONS

Let our professionals highlight the best in you.

Hair styling services

A variety of services to achieve the look that compliments your features and your lifestyle. Prices vary according to hair length, thickness and texture.

SHAMPOO AND BLOW DRY — from \$45

SHAMPOO, CUT AND BLOW DRY — from \$65

GENTLEMAN'S SHAMPOO, CUT AND BLOW DRY from \$30

UP DO — from \$60

BRIDAL UP DO — from \$100

BRIDAL TRIAL RUN AND DAY OF — \$180

Makeup services

Our natural mineral makeup line is gentle on your skin and offers a vast array of color palettes.

LESSON — 50 Min. \$75

MAKEUP APPLICATION — 25 Min. \$55

TREATMENT FOR TWO

Prices are based per person and type of massage

COUPLES MASSAGE – 50/80 Min.

Together each of you can receive a massage of your choice. This is a great way to relax and spend time together.

SIDE-BY-SIDE FACIAL – 50/80 Min.

Together each of you can receive the facial of your choice and enjoy each other's company as you benefit from the results of your treatment.

DUAL CHOICES – 50/80 Min.

Combine your choices. One can savor a facial while one delights in one of our massages. A wonderful way to be together yet address your individual needs

JUST FOR THE GENTLEMEN

SWEDISH MASSAGE

50/80 Min. \$130/\$200

Personalized for men, our custom massage combines the best of therapeutic Swedish massage with the therapeutic benefits of natural herbs. Choose your own oil, then succumb to a blend of Swedish massage techniques intuitively customized to your body's needs.

DEEP TISSUE MASSAGE

50/80 Min. \$150/\$225

This massage focuses on the deeper layers of muscle tissue, with a moderate to firm pressure that targets specific areas of concern. Deep tissue aims to release toxins and chronic patterns of tension in the body and allowing blood and oxygen to circulate.

GENTLEMAN'S FACIAL—50 Min. \$140

Designed to address razor burns and irritation while cleansing, moisturizing, and balancing the skin. Enjoy a face, neck, and shoulder massage during this treatment. Feel and look your best. For all skin types.

MEN'S CONDITIONING PEDICURE—50 Min. \$75

Designed to combat dry, and calloused skin and feet. This treatment begins with a foot soak followed with cuticle care, grooming of the nails and the best-kept secret – an unforgettable pressure point foot massage.

MEN'S RESTORATION MANICURE—30 Min. \$45

Our technician will soak and soften your hands, work the cuticles, and then cut, file and buff your nails to perfection. The end result: well-groomed and restored hands and nails.

SPA INFORMATION

SPA ADMISSION

Spa treatments are available for guests age 18 and over. Guests ages 14 to 17 may engage in our specifically designed Young Adult services. We request all Young Adults be accompanied by a parent or adult. Spa facility use (includes saunas, steam rooms, lockers, locker room amenities and relaxation lounges) is complimentary for all spa guests the day of the appointment.

APPOINTMENT SCHEDULING

Please call as far in advance as possible to ensure availability of your requested service or therapist. Our spa reservations staff is happy to help customize your special spa experience. We require a major credit card and telephone number to confirm your appointment. Reservations are subject to availability.

RE- SCHEDULE OR CANCEL APPOINTMENT

Because your services are reserved especially for you, we ask that you notify the spa by 4:00 pm the day before your appointment to cancel or re-schedule appointments. The full value of the service will be charged for cancellations made after 4:00 pm the day before the appointment.

SERVICE CHARGE

For your convenience, a 20% service charge is added to all services and packages.

YOUR EXPERIENCE

We invite you to discuss any special requests with our spa staff prior to your visit. Also, please communicate with your therapist during the treatment to ensure your overall comfort.

MEDICAL AND WELL BEING

Please inform us of any medical or special needs such as high blood pressure, allergies, pregnancy or any physical conditions or ailments that require our attention.

For your safety and wellbeing, we strongly discourage alcohol consumption prior to spa treatments, immediate sun exposure following skin care therapy and shaving before or after exfoliation treatments.

SPA ATTIRE

To ensure safety, proper closed-toe fitness shoes and clothing are required in the fitness center.

Complimentary use of spa robes, slippers and lockers is provided for all spa guests. Most of our guests prefer to fully undress for treatments, as our staff is professionally trained in proper draping designed to ensure modesty and comfort throughout the service. However, if you would be more comfortable, you may wear undergarments for your treatment.

ARRIVAL TIME

We invite you to arrive at least 30 minutes prior to your scheduled spa service to check in, change into spa attire and relax. Treatments begin and end at time scheduled; no adjustments can be made for late arrivals. To ensure that all guests receive their full treatment, late arrivals will end at the scheduled time.

SPA TREATMENT PACKAGES

SOUTHERN DREAMS

Perfect for season spa-goers or first-time visitors

- * 80 min Swedish Massage
- * 50 min Signature Facial
- * Manicure
- * Pedicure with paraffin upgrade

- * Light Lunch

Approx. 4½ hours..... \$480

CYPRESS ESCAPE

Perfect for couples or friends

- * 50 min Swedish Couples Massage
- * 50 min Signature Facial or 50 min Reflexology

- * Champagne Toast

2 hours..... \$ 520



